

REPORT

NATURE CLUB | COLLEGE WEBSITE



THEME OF THE NATURE CLUB

The Nature Club of the Sophia College for Women is the convergence of nature lovers who wish to encourage, track and run the ecological practices in society and has long been committed to raising level of awareness regarding the global environmental impacts among its members.

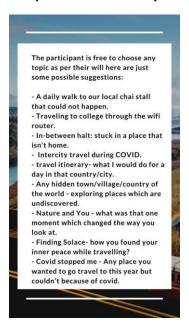
Beginning with our own college campus, the club holds the novel aim to raise awareness of environmental concerns, such as protection, conservation, preservation and rehabilitation; with a focus on education and inspiring our peers. It also encourages its participants in their given milieu to be pro-active towards sustainable growth.

We at the Nature Club have often strived through different programs to strengthen the bond between human beings and the environment. Communing with nature is good for the psychological and physical well-being of a person. It can help to decrease fatigue, boost attention and help to increase motivation. We host workshops to encourage the learning of skills that can help people be more aware of the environment and foster environmental awareness as well. Our ethos lies in the spirit of 'Explore, Perceive and Effectuate' as we are living on this planet as we have another one to go to. Nature is not a place to visit, it's our home.

Pictures

2020-2021

A trip down the memory lane



Documentary screening of our planet



2019-2020

Matheran trip



Mithi River Clean up with Beach Please organisation



2018-2019 **Kolad White Water River Rafting**

